

Donning Gloves



A

Grasp the interior of one glove and carefully pull over the opposite hand.



B

Gently ease the glove up over the wrist to cover gown sleeve.



C

Lift the second glove under the folded cuff using a gloved finger.



D

Gently ease your second hand into the other glove.



E

Using a gloved finger, unfold the cuff over your wrist and gown sleeve.



F

Make sure your gloved fingertips do not touch bare forearms or wrists.

Doffing Gloves



A

Grasp the exterior of one glove with your other gloved hand.



B

Carefully pull the glove off your hand, turning it inside-out.



C

Ball the glove up and hold in your other gloved hand.



D

Slide your ungloved finger into the opening of the other glove.



E

Carefully pull the glove off your hand, turning it inside out again.



F

Discard appropriately.