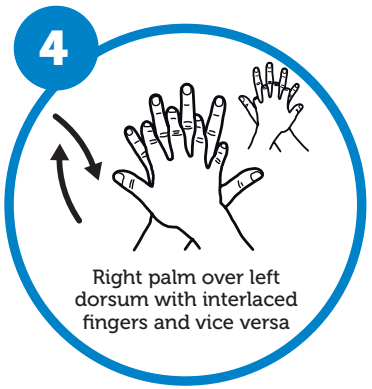
Kimberly-Clark PROFESSIONAL™

Wash & dry your hands in 12 steps.

1. Wet hands with water

2. Dispense one dose of soap into a cupped hand

3. Rub hands to palm



4. Right palm over left dorsum with interlaced fingers and vice versa

5. Palm to palm with fingers interlaced

6. Backs of fingers to opposing palms with fingers interlocked

7. Rotational rubbing of left thumb clasped in right palm and vice versa

8. Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa

9. Rinse hands with water

10. Dry hands thoroughly with a single use towel

11. Use towel to turn off tap

12. Your hands are now safe

Total procedure time = **40-60 seconds**

ips Infection Prevention Society
Educational Content Approved

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