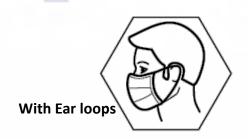
How to put a Face Mask on?





- 1. Clean your hands with soap and water or hand sanitizer before touching the mask.
- 2. Remove a mask from the protective packaging, check the mask (no tears or holes in either side of the mask).
- 3. Determine which side of the mask is the top. The aluminum nose bridge goes on the top.
- 4. Determine which side of the mask is the front. (Shiny side = outer facing side / Soft side = inner facing side)
- 5. Follow the instructions below for the type of mask you are using.
 - > Face Mask with Ear loops: Hold the mask by the ear loops. Place a loop around each ear.
 - > Face Mask with Ties: Bring the mask to your nose level and place the ties over the crown of your head and secure with a bow.
- 6. Mold or pinch the aluminum nose bridge to the shape of your nose.
- 7. If using a *Face Mask with Ties*: Then take the bottom ties, one in each hand, and secure with a bow at the nape of your neck.
- 8. Pull the bottom of the mask over your mouth and chin.



